



October 15, 2018
Revised June 13, 2019

POLICY

Subject: Trampoline, Air Bags, Water Ramps

Trampoline training is a recognized and approved training tool, particularly for many Freestyle and Snowboard athletes under certain controlled conditions.

This is also true for water ramp; air bag; or on snow with respect to aerial maneuvers.

In all cases, approval for the use of trampoline; air bag; water ramp; and on-snow features depends on strict, on-site supervision by qualified coaches who will directly supervise and qualify those athletes who plan to perform inverted skills on these various devices/features.

Trampolines and Trampoline Facilities must meet International standards as published by the International Gymnastics Federation (FIG). F.I.G. regulations (Art.4.11.2) stipulate that the ceiling clearance height for trampoline gymnastics “*must have a minimum height of 8 metres (10-12 preferably)*.”

The CSA notes that the International Association of Trampoline Parks has adopted the ASTM (American Society for Testing Materials) Standard Practice ASTM F2970-17 as a minimum standard of ceiling clearance for recreational trampoline use of 5.2m/17ft **but this is not suitable for U16+ freestyle or snowboard competitive athletes**.

All coaches/persons directly supervising athletes using these features must have appropriate “Air Coach Certification” or equivalent such as Air 1, 2, 4, 4A and 4B, and are responsible for pre-use inspection of the facility, equipment and surroundings.

Note: The CSA notes that a significant majority of facilities offering trampoline training are unable to acquire liability insurance, or acquire at a cost they can afford.

The CSA CGL insurance will provide CGL insurance to its members **and to the such a facility but only** on the following conditions:

- 1) The CGL coverage is only for members of the CSA through their NSO.
- 2) Non CSA/NSO members are not to be mixed in with, or to be using the equipment alongside the CSA/NSO member(s).
- 3) All activities must be directly supervised by qualified CSA/NSO coaches.
- 4) CSA/NSO coaches are required to closely inspect the equipment before use.
- 5) Equipment that is missing components; not properly maintained; or having inadequately protection must not be used.
- 6) Facility meets required standards.

Activities will be covered by Commercial General Liability (CGL) Insurance if:

- 1) Activities are sanctioned by CSA/NSO; and
- 2) Activity participants are current NSO members; and
- 3) Activity participants have any required air skill qualifications; and
- 4) Activity Coaches are current NSO members; and
- 5) Activity Coaches have the required NSO/NCCP Coaching Certifications.
- 6) Facilities used for trampoline training meet F.I.G. requirements for U16+ athletes, or ASTM F2970-17 standard practice for athletes under U16.

Insurance Requirements

The NSO will provide Commercial General Liability (CGL) Insurance to all Member Clubs, provided the Member Clubs agree to follow the CSA's Risk Management Manual, the Ski Resort's policies, the Dry-Land Training Facility's policies (e.g., trampoline or gym facility, etc.), the PTSO's policies in addition to, but not limited to the NSO's following policies:

- 1) Membership
- 2) Harassment/bullying/codes of conduct
- 3) Privacy
- 4) Risk Management Athlete Safety/Concussion Management
- 5) Coaching
- 6) Activity Sanctioning
- 7) Competition Management
- 8) Officials and Judge Training